

HOPE vs. HYPE

Stem Cell Facts vs. Myths

Let's separate the facts from the fiction.



Science over sensation



Evidence over exaggeration



Smart choices save lives



Share this post to spread accurate information!

1



MYTH ❌

Stem cell treatments can cure any disease.



FACT ✅

Most stem cell treatments are still experimental. They show promise for some conditions, but they are NOT cures for everything.



Science is making progress, but it takes time.

2



MYTH ❌

If a treatment uses "stem cells," it must be safe and effective.



FACT ✅

Not all stem cell treatments are regulated or proven safe. Some clinics make big claims without scientific evidence.



Always check for scientific evidence and FDA approval.

3



MYTH ❌

Stem cell therapies are FDA-approved and available everywhere.



FACT ✅

Only a few stem cell therapies are FDA-approved for specific conditions. Many treatments offered in clinics are NOT FDA-approved.



FDA approval means the treatment has been tested for safety and effectiveness.

4



MYTH ❌

Natural or "stem cell" treatments are always better than traditional medicine.



FACT ✅

"Natural" doesn't always mean safe, and "new" doesn't always mean better. Evidence and clinical trials matter most.



Talk to a qualified healthcare professional before making decisions.

5



MYTH ❌

If a treatment worked for someone else, it will work for me.



FACT ✅

Everyone is different. What works for one person may not be safe or effective for another. Personalized medical advice is essential.



Think critically. Ask questions. Make informed choices.

STAY INFORMED. STAY SAFE. TRUST THE SCIENCE.



Learn more at: www.fda.gov | www.nichd.nih.gov